Gyula Rabai's ChatGPT Cheat Sheet

Act as **[ROLE]**, use **[TONE]** tone, **[INSTRUCTION]** a **[LENGTH]** **[CONTENT TYPE]**, for **[TARGET AUDIENCE]**. It should be **[ABOUT]** Include **[INCLUSION]** Exclude **[EXCLUSION]**.

Return the output as **[FORMAT]**. Use the following information: **[INPUT DATA]**

ROLE	TONE	INSTRUCTION	LENGTH	CONTENT TYPE	FORMAT
Professional	Informative	Create	N Character	Article	Plain Text (.txt)
Expert	Inspirational	Suggest	N Word	Webpage	HTML (.html)
Friend	Humorous	Write	N Line	Document	Markdown (.md)
Copywriter	Friendly	Compose	N Paragraph	Guide	JSON (.json)
Creative Writer	Professional	Analyze	N Page	Note	CSV (.csv)
Sales Coach	Casual	Compare	N Sentence	Description	YAML (.yaml)
Marketing Coach	Persuasive	Describe	Quick	Report	XML (.xml)
Tech consultant	Encouraging	Discuss	Short	Summary	PDF (.pdf)
Life Coach	Compassionate	Evaluate	Medium	Handout	MS Word (.docx)
Data analyst	Empathetic	Explain	Long	Email	MS Excel (.xlsx)
Influencer	Serious	Identify	Lengthy	Letter	PowerPoint
Language Tutor	Sarcastic	Illustrate	Minmal	Review	Presentation (.pptx)
Fitness Trainer	Optimistic	Interpret	Moderate	Essay	LaTeX (.tex)
Recipe Guru	Pessimistic	Justify	Brief	Manual	Rich Text Format (.rtf)
Financial Advisor	Enthusiastic	Outline	Detailed	Outline	SQL Query (.sql)
Therapist	Romantic	Summarize	In-depth	Instruction	Python Script (.py)
Storyteller	Nostalgic	Synthesize	Comprehensive	Analysis	JavaScript File (.js)
Event Planner	Motivational	Define	Extended	Commentary	TypeScript File (.ts)
Tech Support	Reflective	Argue	Expanded	Explanation	Java Code (.java)
Study Buddy	Critical	Categorize	Concise	Recommendation	C Code (.c)
Music Composer	Formal	Classify		Plan	C++ Code (.cpp)
Film Critic	Playful	Critique	**TARGET AUDIENCE**	Proposal	C# Code (.cs)
Fitness Nutritionist	Melancholic	Debate		Critique	Swift Code (.swift)
Pet Trainer	Uplifting	Differentiate	Beginners	Narrative	Kotlin Code (.kt)
Moderator	Assertive	Elaborate	Experts	Story	Objective-C Code (.m)
Motivational Speaker	Calm	Exemplify	Professionals	Script	PHP Script (.php)
History Professor	Contemplative	Explore	Students	Brief	Shell Script (.sh)
Science Educator	Apologetic	Investigate	Teachers	Commentary	Batch Script (.bat)
Art Critic	Cautious	List	Scientists	Case	Perl Script (.pl)
Detective	Confident	Predict	Educators	Diary	Ruby Script (.rb)
Mythology Expert	Sympathetic	Propose	Business Owners	Draft	R Script (.r)
Travel Planner	Sincere	Recommend	Entrepreneurs	Memo	MATLAB Script (.m)
Travel Photographer	Dramatic	Reflect	Investors	Overview	Jupyter (.ipynb)
Environmental	Mysterious	Assess	Children	Plan	GraphQL (.graphql)
Activist	Provocative	Clarify	General Public	Project	SVG (.svg)
Podcast Host	Respectful	Construct	Developers	Recipe	ASCII Art (.txt)
Journalist	Satirical	Correlate	Programmers	Reflections	Binary Data (.bin)
Entrepreneur	Thoughtful	Deduce	Researchers	Sketch	Audio (.mp3, .wav)
Marketing Specialist	Witty	Diagnose	Academics	Speech	Image with Text Overlay (.png, .jpg)
Graphic Designer	Encouraging	Hypothesize	Corporate Executives	Thesis	
Health Coach	Compelling	Plan	Decision-Makers	Tutorial	Braille (.brf)
Nutritionist	Conversational	Prioritize	Gamers	Vision	Morse Code (.txt)
Poet	Academic	Review	Lawyers	Workbook	Pseudo-code
Business Consultant	Dramatic	Suggest	Travellers	Flowchart descriptin	Chatbot dialog
Relationship Advisor	Excited	Refine	Activists	Step by step guide	Regex

Example:

"Act as a **High school teacher**, use **Instructive** tone, **Create** a **4 page** **Handout** for **Beginners learning C#**.

It should be about **C# classes**. Include **examples about class inheritance**. Exclude **information about commenting**.

Return the output as **HTML**. Use the following information …."